

*“God has made me flourish.”*

## THANK YOU FOR YOUR IMPACT ON MY LIFE.

My name is Willie. I grew up in New Haven, CT with my siblings and our parents. Dad was the pastor of our church.

I was profoundly affected by being continually molested between the ages of 5 and 7 by my dad’s co-pastor. It was a secret hidden for years because my dad was so busy. I didn’t know or trust him as a dad.

As a young person I felt lost and isolated. I was an angry kid who became an angry adult. I believed the lie that the abuse I endured was all my fault.

At age 14, when my dad told me I had to attend school, all I heard was, “get out”. I left home and began “couch surfing”. Drinking allowed me to forget the deep pain in my heart.

My struggle with addiction spanned years. I could maintain sobriety up to a point, then would relapse. In 15 years I went through nine rehab programs, but could not put together 12 months of sobriety.

When I relapsed from the Rescue Mission near my home in Connecticut, my wife wouldn’t

let me return home. She insisted I had to do something.

A staff member drove me to Albany, to the Capital City Rescue Mission. Right away I knew it was the place for me. The classes and counseling were exactly what I needed. I began to address my anger.

But, one night, when I was alone and ready to give up, God met me personally.

Suddenly God’s words were not in my head alone. They penetrated my soul.

Jeremiah 1:5 echoed:

*“Before I formed you in the womb I knew you;”*

And words from Romans 5:8:

*“But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.”*

I knew then that God loved me and by faith I accepted His love and forgiveness in Christ.

Jesus healed my heart. I could look in the mirror and say, “You are somebody.” I belong to Him.

The Capital City Rescue Mission has been the bridge to connect me to Christ in the New Life Program and to stay focused in the Transitional Living Program.

Men are helping me accept responsibility and they provide accountability, helping me to navigate my decisions.

My parents and siblings have become my biggest cheerleaders. My dad wanted to give me his truck when he knew he was going to pass away recently. It meant so much to me.

I’ve been able to work two jobs, even during Covid, pay my bills, and maintain sobriety for a year and a half. God has made me flourish.

Now I’m ready to move into the community and have signed a rental lease. I am also being sworn in as a deacon in my church.

God has blessed me and has turned the hurt around for my good and to bring glory to Christ.

Thank you for your impact on my life. I’ve been redeemed.



My name is Kenny. My mother prayed for all her children, but I had to learn the hard way that I couldn’t continue to use drugs and alcohol and have peace.

I came to the Rescue Mission homeless and tired of the struggle. Grief and regret filled my heart.

After I joined the New Life Program I began to recognize my pride. But I also learned that God had a better plan for me. The first step was to surrender my life to Jesus, to save and guide me.

## You’re an answer to a mother’s prayers

His word says, “Be still and know that I am God.” I took that step of faith here at the Mission.

Today, I am on staff as a Resident Assistant. I see myself coming through the doors and want to help broken people find hope the way I have.

When my sister called recently, desperate for recovery, I drove to Brooklyn and brought her to the Rescue Mission.

Leslie adds, “I was depressed, had spent all my money on cocaine, and urgently needed a new life.”

“I entered the women’s shelter, then was admitted to the New Faith program. Today I am learning to be the person God created me to be. My desire is to know Him and help others.”

Thank you for being an answer to a mother’s prayers for both Kenny and Leslie (pictured above).

## Strong Families are Built Every Day

Certain family traits pass naturally from one generation to the next – but values of faith and character may require a bit more effort. What values do you hope to nurture in your children and grandchildren?



Here are four everyday ways you can build a foundation of *family values* that will last for years to come:

**Play together.** Enjoying time together as a family helps ease tensions, establish a joyful home, and create a sense of belonging.

**Pray together.** The action of praying together helps cultivate gratitude, deepen family unity, build faith, and demonstrate how to trust in God.

**Share together.** Part of creating a strong family heritage is sharing from the heart. This builds a legacy of faith, nurtures connection, and keeps the lines of honest communication open.

**Give together.** Families can give of their time by volunteering, collecting donations to support a local cause, or even giving financial gifts together. A Donor Advised Fund allows you to fund a single giving account, then direct individual gifts to support charities you care about like Capital City Rescue Mission.

Build a family legacy that lasts for generations. Psalm 133:1 says, “How good and pleasant it is when brothers live together in unity.”

For the full version of this article, request a FREE copy of “4 Ways to Pass Along a Family Heritage” by contacting [sjones@albanymission.com](mailto:sjones@albanymission.com) - or bless your family today with a God-honoring will at [christianwill.org/ccrm](http://christianwill.org/ccrm).

## Hungry neighbors celebrate the Fourth with your help

On the Fourth of July, men, women and children sheltered at the Rescue Mission and from the community enjoy a festive picnic including hot dogs, burgers, salad, and watermelon.

Because of your compassion, over 650 picnic meals are served to appreciative guests.

Guests are reminded of our true freedom in Christ.

**“So if the Son sets you free, you will be free indeed.”**  
~ John 8:36





# Will you help fill backpacks for kids?

Needy children in our community will greatly appreciate a filled backpack to start the school year. As you know, many families struggle to provide these essentials for their children.

With your partnership, last year Capital City Rescue Mission gave away 150 filled backpacks to children without charge.

## Thank you for your help!

We need your help again to provide school supplies to fill the backpacks. What better way to help a child as she begins her school year!

Some needs are:

- 2-pocket folders
- 3-ring binders
- Wide-ruled loose leaf paper
- Notebooks (marble & spiral)
- Colored pencils & crayons
- Elmer's glue & glue sticks
- Erasers
- Pencil sharpeners
- Pencil cases
- Pencils
- Pens
- Rulers
- Scissors
- Markers

Please bring supplies to the Mission by Wednesday, August 18th



Message from  
Perry Jones  
Executive Director



Who helps the broken hearted man or woman in grip of addiction? Who cares for the one who is estranged from family and desperately in need of a refuge from the harsh reality of the streets?

God loves hurting souls, "For he will deliver the needy who cry out, the afflicted who have no one to help. He will take pity on the weak and the needy ..." (Psalm 72:12-13). God does help the helpless. **And He uses you to bind up their wounds.**

In this issue you'll read how Willie has found a place of hope at the Rescue Mission and in Christ. My heart rejoices that men, women, and their children find acceptance because of your support. God redeems broken people and because you care, now they help others!

## Thank you for caring!

**Today your partnership is needed more than ever.** Your help would be a great blessing. Rally your family and friends to donate so the Rescue Mission can provide for everyone in urgent need.

Whatever you can give is appreciated. Thank you for your compassion.

"He heals the brokenhearted and binds up their wounds."  
~ Psalm 147:3

# Thank you for your partnership

Your generous support of our Hearts of Hope at Home virtual benefit is a huge blessing.



Women and their children will be provided all they need to find recovery, healing and a new beginning. Because you care, lives are forever changed.

## Thank you, thank you friends.

Most importantly, with your help, eternal hope through Jesus Christ is modeled and proclaimed daily by staff and volunteers. And precious souls are being added to the family of God.



# Please help again this summer

Can you imagine sleeping outside on a summer night? Perhaps under a bridge. Or by the river. Heat. Humidity. Bugs. Thunderstorms. And the constant threat of being the victim of a crime.

Please remember our homeless and hurting neighbors with a special gift today. Giving always plummets during the summer months, so your support and prayers are crucial to providing for hungry and despairing men and women. Thank you for giving hope and help this summer.



# MY SUMMER GIFT

**YES, PERRY!** I'm giving a generous gift to help bring God's restoration and hope to those who come through the Mission doors. Enclosed is my gift of:

☐\$26   ☐\$50   ☐\$100   ☐\$500   ☐Other \$\_\_\_\_\_

Please enclose a check or give via credit card: VISA / MC / AMEX / DISC

Credit Card#\_\_\_\_\_Exp.\_\_\_\_\_Code\_\_\_\_\_  
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☐Please send me a FREE copy of "4 Ways to Pass Along a Family Heritage"

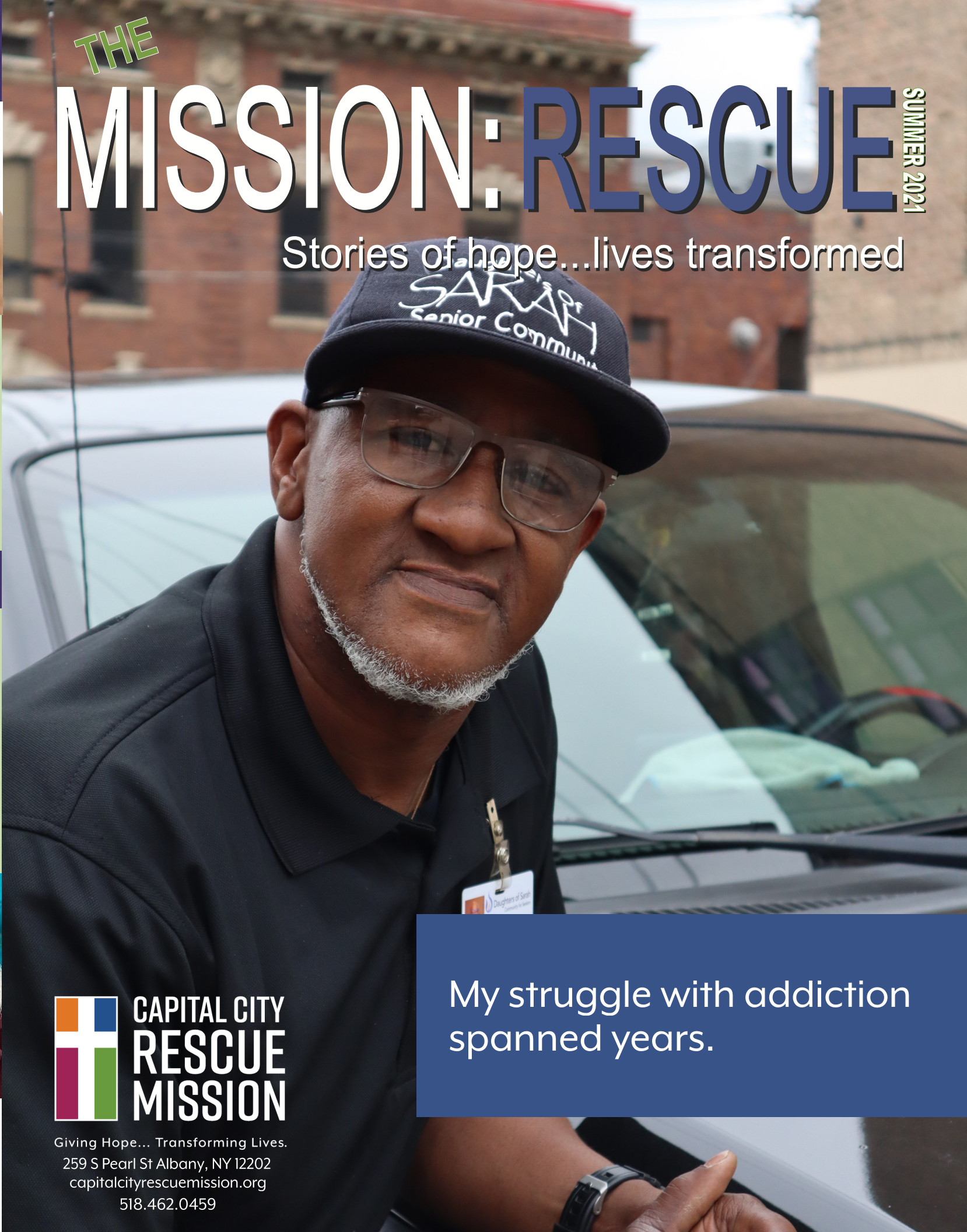
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# THE MISSION: RESCUE

SUMMER 2021

Stories of hope...lives transformed



My struggle with addiction spanned years.



Giving Hope... Transforming Lives.  
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