

WAYS YOU CAN HELP

Leave a Legacy that Reflects Your Heart

The Reader's Digest recently highlighted a list of 'ridiculous excuses people used to get out of work,' including an employee who called in because "bats got in her hair".

Many people want to leave an inspiring legacy, but they'd rather avoid the hard work. According to author Bill High, true legacy is "building intentionally into others with a vision for the future instead of choosing the course of least resistance." It starts by:

- 1. Cutting through excuses.** Many people don't address important topics because they assume it will just work out. Sometimes you may need to push past the excuses holding you back.
- 2. Being intentional.** Leaving a true legacy means you tell your loved ones what you believe, how special they are to you, and why you support organizations like CCRM.



VOLUNTEER

Give of your time serving meals, sorting clothing, tutoring, stuffing envelopes, and so much more. Dan, (pictured left) has volunteered his time stuffing envelopes, doing yard work and even takes time to talk to guests and volunteers. The Mission functions successfully because of compassionate people like Dan.

DONATE

- * Donate by mail: **PO Box 1999, Albany NY 12201** or online at capitalcityrescuemission.org/donate
- * Join our monthly giving program
- * Give donations of food - canned/boxed produce, turkeys/hams, even livestock
- * Give clothing and household items

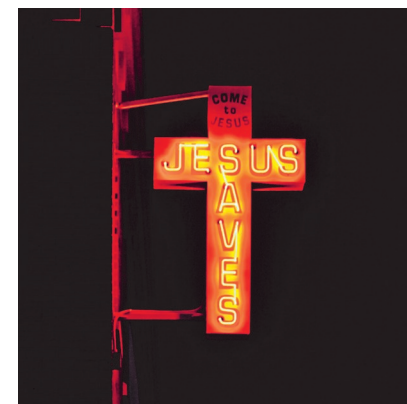
PRAY

- * Pray for the men and women in our recovery and transitional programs, that they will hold fast to the Lord
- * Pray for the construction and the safety of our crew as we transform our *New Home for Women*
- * Pray for wisdom, grace and discernment for Rescue Mission staff



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2019



ANNUAL REPORT



DEAR FRIEND,

At the Mission, you welcome the lonely, the forsaken, the addicted and the mentally ill. You offer delicious, hot meals, safe shelter and needed clothing. You remind them that they are loved by Almighty God. And men and women realize they can begin a new life in Jesus who died for them.

In our programs for men and women, souls find healing from the destructive causes behind their addictions. They learn truth from God's Word. Basic education, vocational skills, and practical life skills offered in our Learning Center help them launch a positive future.

Then, the Transitional Living program provides a place for them to flourish as they begin their journey of employment and independence,

With God's help and your generosity, the renovation and construction of our new home for program women is in its final phase. Completion is in sight. In 2019 the Mission also hosted short term shelter for women and the Child Evangelism Fellowship's new chapter, led by a graduate of our New Life program. We are excited by growth – both numerically and spiritually.

Thank you, thank you, for making a difference to hundreds of hurting men, women and children.

Please come and visit the place where you give something more. More than a meal. More than shelter. You give HOPE.

With a grateful heart,



Perry Jones
Executive Director



MEDICAL CLINIC

This past year, over 2,200 patients were seen by professional staff and volunteers. The Free Medical Clinic provided medical and psychological assessment and referrals, acute and preventative care. Your support helps care for the vulnerable men, women and children who are neglected, often abused or have “fallen through the cracks” in our health care system.



CLOTHING CENTER

Through your generosity, over 420,000 items of clean, usable clothing was given without cost to men, women and children through our free clothing distribution center.

Shirts, pants, socks, shoes, household items, bedding, towels, and more were given to the poor and needy of the Capital Region.



NEW HOME FOR WOMEN

The 40,000 square foot future home of our New Faith Program saw much progress in 2019. Our construction crew has completed the new elevator shaft, HVAC/radiant heat on all floors, as well as permanent power, plumbing and electrical/security wiring installation. They've also begun construction on the new welcome center (pictured left).



LEARNING CENTER

Our educational resource center is being utilized more than ever before. It is open to the community as well as CCRM guests and includes GED prep, computer literacy, resume guidance, employment readiness/job placement and, most recently, virtual reality classes. It is a vital part of helping men and women in their move to independent living.



MINISTRIES

MEN'S PROGRAMS

Connor (right) was addicted to heroin and suboxone by the time he was 20 years old. He survived a number of car crashes and drug overdoses until his cousin convinced him to join the New Life Recovery Program.



God began answering his prayers, providing for his needs and changing his heart. Connor is now on a career path in sales and is grateful to have a second chance.

New Life Discipleship Program

Nine-month residential program including Bible study, counseling, education, addiction recovery, and work therapy.

Additional Programs

Emergency shelter
Volunteer extension/Work readiness

Transitional Living Program

Currently, all 43 apartments are filled with graduates from the New Life Program or a similar program. These formerly homeless individuals are assisted as they enter the job market and move toward independent living.

WOMEN'S PROGRAMS



Beverly (left) found herself homeless in Albany and contemplating suicide after her fiancé was shot and killed. From our emergency shelter program, she joined the New Faith Program and developed a relationship with Christ. Now she is taking classes toward her GED.

New Faith Program

A year-long residential program where women and children are provided an apartment in an atmosphere that reflects the love of Christ. The program includes education/employment readiness, Bible study/counseling, addiction recovery, parenting skills, health care and more.

Emergency Shelter

The Mission's 8-bed overnight emergency shelter program provided 520 nights of shelter last winter to keep women off the streets.

The Mission partnered with St. Peter's Episcopal Church to make this program a success.

2019 IMPACT

85,168 Nights of shelter

Safe rest for weary bodies
and hurting souls

420,466 Clothing items

Warm coats, clothing,
shoes, etc. all given away

299,259 Meals served

Nutritious breakfast, lunch
and dinner served daily

2,220 Medical visits

Free healthcare for
the uninsured

OVER 200 Helped in
recovery

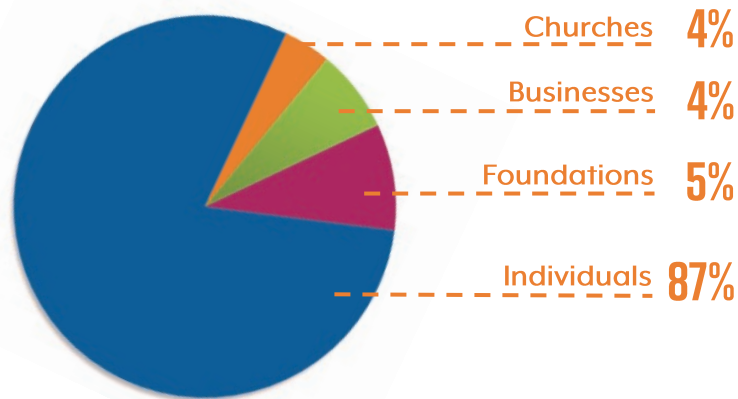
People are cared
for in addiction
recovery programs



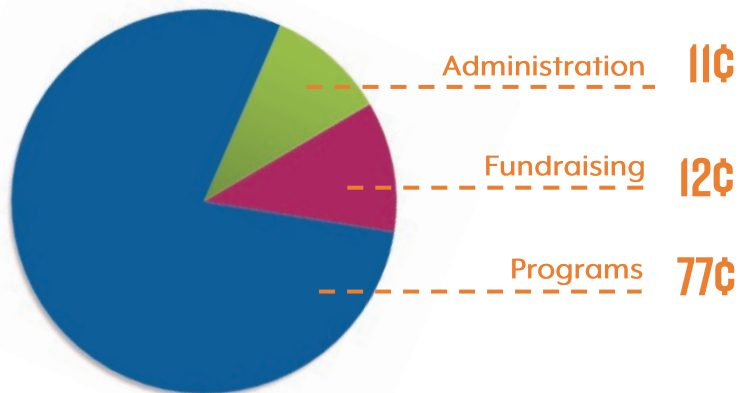
FINANCIAL ACCOUNTABILITY

We are committed to the highest level of financial integrity and are dedicated to ensuring that we maximize the use of every dollar to benefit those we care for.

Who Supports the Mission*



Where Each Dollar Goes



*Capital City Rescue Mission is supported without any city, state, or federal funding thanks to compassionate donors. A complete audited statement is available upon request. Our tax exempt name is Capital City Gospel Mission. EIN#: 56-2663290



As a child, I was diagnosed as bi-polar and became isolated and lonely. I self-medicated, abused drugs and was very untrustworthy. When my father died and my wife divorced me, I reached my breaking point. I came to CCRM, joined the Volunteer Extension (work readiness) team and surrendered my life to the Lord. The Free Clinic regulated my meds and I began to grow in Christ. Now, I am a trusted staff member and God has restored my relationship with my family.

~ Will
Van Driver



2019 IMPACT



I grew up in the South End of Albany in a devout Irish Catholic family, but alcoholism and dysfunction took hold. My grandmother tirelessly prayed for me and encouraged me to turn back to God. I came to the Mission in 2010 but left when I thought I had it all figured out. I relapsed. After spending time in jail, I was hungry for God and was welcomed back with open arms. Now I have custody of my 2 year-old and the opportunity to go back to school. God is good!

~ Tara
New Faith Program Resident

I was in and out of 30 or more foster homes as a child, and abused in every way. By 18, I was homeless and addicted, looking for love in all the wrong places. I knew of God, but I struggled with relapses and stints in jail. I was referred to CCRM and I joined the New Life Program. There, I began a deeper walk with the Lord. The Rescue Mission family has become the family that I never had. I am now the Director of Child Evangelism Fellowship - Greater Albany and enjoy sharing my testimony with others.

~ Greg
New Life Program Graduate

