

# How You Helped

2016 Annual Report

A close-up portrait of a middle-aged man with short, light-colored hair and a goatee. He is looking directly at the camera with a slight smile. He is wearing a dark brown or black t-shirt. The background is a blurred blue and white pattern.

 Capital City  
**Rescue Mission**

# A Letter from Perry Jones

## Dear Friend,

In these days of instant, worldwide communications, we are flooded with one crisis after another. Often, the needs overwhelm our desire to help. We are blessed that you have chosen to help people right here in our community!

Who cares for the homeless? You do! Your support provides meals and shelter. Men and women who are hungry and cold find a refuge and nourishment.

Who cares for mothers who want to get back on their feet in a safe, loving environment? You do! Your gifts support our New Faith program for women and children.

Who cares for men who want to return to their families and the community? You do! Your donations provide counseling, Bible study and life-skills through our Volunteer Extension & New Life programs.

Who cares for immigrants without resources? You do!

You provide food, clothing and household items to people who have so little.

Who cares for uninsured men and women suffering with poor health? You do! The Free Clinic serves over 1,400 different individuals each year.

But most important, you extend the love of God and the good news of Christ to souls in desperate need of hope. Men and women are radically transformed by the power of God and their faith impacts our community.

Along with gratitude for your care comes a promise from Psalm 41: *Blessed is he who considers the poor; The Lord will deliver him in time of trouble. The Lord will preserve him and keep him alive, and he will be blessed on the earth.*



*Perry Jones*  
**Executive Director**

# By the Numbers...



274,572 meals  
provided to the  
hungry



486,824 articles  
of clothing  
given away



42,708 people  
offered hope in  
chapel



86,569 nights of  
safe lodging  
provided



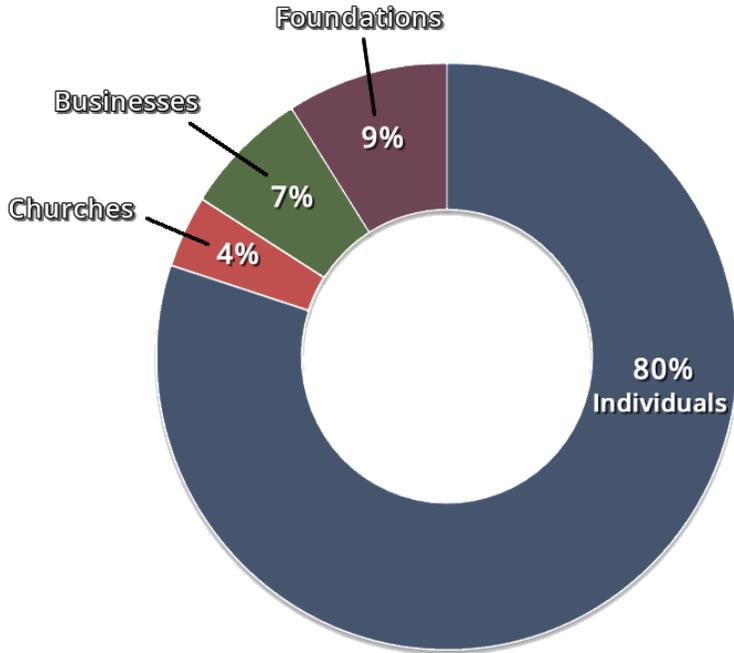
3,326 visits to  
the Free  
Medical Clinic



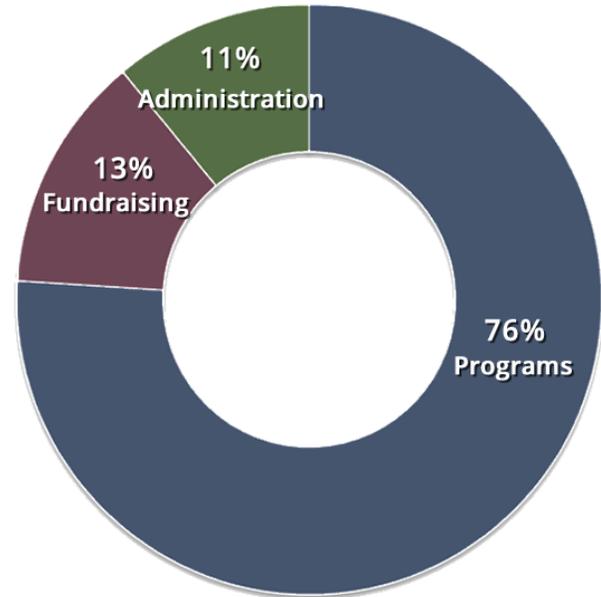
14 people  
graduated from  
our recovery  
programs

# Financial Accountability

## Who supports the Mission?



## Where does your support go?



**Capital City Rescue Mission is supported without any city, state, or federal funding thanks to compassionate donors.**

A complete audited statement is available upon request. Our tax exempt name is **Capital City Gospel Mission**. EIN# 56-2663290



"I finally realized what it meant to put **my trust in the Lord**...and the Lord provided. Today, **I have a full-time job and an apartment.**"

~ Mike

*New Life Program graduate*



"I have had my ups and downs, but I am so **thankful to be here with my children**. I have a wonderful tutor and **hope to get my GED soon.**"

~ Kim

*New Faith Program resident*



"Now, as a resident of TLP, I am able to **grow in my faith** and I also **minister to others**, because I've been where they are."

~ Rosendo

*Transitional Living Program resident and Mission staff member*



# Ministries

## Men's Programs



*Franklin (pictured) grew up amongst drugs and guns and was addicted at an early age. His journey led him to the New Life Program where he has learned about God's mercy and what it means to have a serious relationship with Him. His dream is to encourage others and tell them of the grace and love of God.*

### **New Life Discipleship Program:**

9-month residential program including Bible study, counseling, education, addiction recovery, and work therapy.

**Transitional Living Program:** Currently, all 43 apartments are filled with graduates from the New Life Program or a similar program. These formerly homeless individuals are supported as they enter the job market and move toward independent living.

**Additional programs:** Emergency shelter, volunteer extension

## Women's Programs



*Deanna (pictured) spent years looking for love and acceptance with drugs and alcohol. She came to the New Faith Program and finally found what she was looking for. She became part of a family...God's family. Deanna is now grounded in faith and has hope for the future.*

### **New Faith Program for women & children:**

A year-long transitional program where women and children are provided with an apartment in an atmosphere that reflects the love of Christ. The program includes education/employment readiness, Bible study/counseling, addiction recovery, parenting skills, health care.

**Emergency shelter pilot program:** The Mission's 8-bed overnight shelter program provided 293 nights of shelter this winter to keep women off the streets.

## Free Medical Clinic



This past year, over 3,300 patients were seen by staff and volunteers. The Free Clinic provided medical and psychological assessment and referrals, acute and preventative care. Your support helps care for the vulnerable men, women and children who are neglected, often abused or have “fallen through the cracks” in our healthcare system.

## New Home for Women



In 2016, we applied and received a building permit for the 40,000 square foot future home of our New Faith women’s program. We also purchased and installed 125 custom, energy efficient windows.

With your partnership, transformation of this building will nurture transformed lives.

## Blessingdale’s Clothing



Through your generosity, clean, usable clothing is given without cost to men, women, and children through our clothing center.

Shirts, pants, socks, shoes, household items, bedding, towels, and more are given to the poor of the Capital Region.

## Meat for the Homeless



In 2016, local farmers donated 12 animals to the Mission butcher shop toward the *Meat for the Homeless Project*. This has saved the Mission over \$10,000 in food costs.

Volunteer, Will Balta and Mission Chef, Max Ansong are pictured readying meat for meal preparation.

# Ways You Can Help

## LEAVE A LEGACY



2 Corinthians says, "We walk by faith and not by sight." We must rely on God's Word and Spirit to carry us beyond what may feel right and into what is actually true. It impacts our relationships and the level of gratitude we have for all God has given us - including our resources.

One practical way you can impact lives is by including Capital City Rescue Mission in your Will. Your gift can extend freedom and hope for generations to come - raising people from their circumstances, into the truth of Christ. Consider including the Mission in your will today.

## VOLUNTEER



Give of your time serving meals, sorting clothing, tutoring, working in the clinic and so much more.

Ruthie (pictured) has been volunteering in the Free Clinic two days a week for over 10 years. She has countless responsibilities including keeping accurate medical records, communicating

with hospitals and labs, and checking faxes and phone messages. She even gets the mail and makes the coffee.

## DONATE

- Donate online at **[capitalcityrescuemission.com](http://capitalcityrescuemission.com)**
- Join our monthly giving program
- Give donations of food - canned/boxed, produce, turkeys/hams, even livestock!
- Give clothing and household items

## PRAY

- Pray for the men and women on our recovery and transitional programs, that they will hold fast to the Lord
- Pray for the construction and the safety of our crew as we transform our *New Home for Women*
- Pray for wisdom, grace and discernment for Mission staff